



# Gymnastics Guidelines During COVID as of 5/26/2021

## Phase 3

- Restrictions loosened and begin returning to regular scheduling!

## Phase 3 at LaFleur's

**We will post any changes in  
policy as they happen!**

### Athletes and Parents:

- All athletes will be asked to hand sanitize when they arrive and use their hand sanitizer when needed in the gym.
- We ask that parents drop off if possible. There will be limited, social distanced viewing.
- All spectators: Per CDC guidelines we are asking that you wear a mask if you are not vaccinated or if you are more comfortable wearing a mask.
- Please try and keep it to one parent/guardian, per athlete, in the building. We know this is not always possible but we are trying to and limit spectators. We still have limited seating to social distance. If children are with you, they must stay with you at all times.
- Bring water bottles. Our drinking fountain is closed. All classes can bring a water bottle out on the floor.
- No one that feels ill or has an elevated temperature should come to practice or be in the building.

### Employees:

- Employees will follow illness policy and a 24 hour wellness standard.
- Employees will follow guidelines set by LaFleur's, CDC and the State.
- Recreational & tot instructors and team coaches will wear masks while teaching. (unless vaccinated beginning June 14<sup>th</sup>)
- Instructors will hand sanitize and wash their hands frequently.

### Facility:

- Facility will be cleaned throughout the day. Recommended products that are effective against viruses will be used.
- Drinking Fountain is closed.